



claire's®

Shine your light wherever you go

Spreading happiness to others is the most important thing this holiday/christmas season!

- ☐ Write cards to those serving in the military or to patients in your local hospital
- ☐ Get out and volunteer
- ☐ Bake cookies for your local service people + frontline workers
- ☐ Make care packages for the homeless
- ☐ Donate presents to a local children's hospital
- ☐ Donate your old toys and clothes
- ☐ Call a relative to tell them you love them
- ☐ Do a chore around the house without having to be asked
- ☐ Gather donations for a cause that is meaningful to you
- ☐ Send shout outs to your friends and family on social media for doing something kind

Make your own list of quick acts of kindness that you can work into your daily activities!